

Maxwell
Municipal
Schools

March 2016



Mon	Tue	Wed	Thu
<p>7 Poptarts, cheese, juice Potato soup loaded, crackers, mandarin oranges</p>	<p>1 Sausage biscuits, juice Smorgasbord, salad, Jell-O, bread</p> <p>8 Oatmeal, fruit, sausage Lasagna, salad, bread, applesauce</p>	<p>2 Pancake-on-stick, juice Hot dogs, sweet potato fries pickle, apples</p> <p>9 Smoothie, granola Sweet & sour chicken, egg roll, rice, mandarin oranges</p> <p>16 Boiled egg, graham cracker, apples Hamburgers, fixings, chips, oranges</p>	<p>3 Ham and cheese quesadillas, oranges Cheese enchiladas, salad, pineapple</p> <p>10 Banana bread, juice Bosco sticks, spinach salad, marinara, apricots</p> <p>17 Bagel with cream cheese, juice Tostadas, beans, apple and peanut butter</p> <p>24 Pretzels, bacon, fruit Beefy noodles, green beans, fruit</p>
<p>14 Breakfast pizza, juice Baked chicken, sweet beans, roll, peaches</p> <p>21 Yogurt, granola, cheese Frito pie, beans, fruit</p>	<p>15 Bacon, hash browns, egg patty, juice Tamales, salad, applesauce</p> <p>22 Hot pockets, juice Chicken wrap, green beans, fruit</p>	<p>23 Waffles, ham, juice Fish tacos, refried beans, apples</p>	<p>Minimums</p>

Vegetable 3/4 C
3/4 C a day
K-8
1 C a day
9-12

Red/Orange 3/4 C
K-8
1 1/4 C 8-12
Starchy 1/2
3/4 C 9-12

Beans & Peas 1/2 C
K-8
Other 1/2 C
3/4 C 9-12

Milk Available with every meal
FF Flavored, 1% Plain
All Juice 100%
WW Whole Wheat, WG Whole Grain

Items may change due to availa-